

WRITING MINDFULLY

Exploring Sacred Ordinary
In Story & Song

With
Carrie Newcomer



Songwriters, prose, poetry, essay and journal writers of all experience levels are welcome to explore writing in this workshop. It focuses on the power, value, and healing in telling our stories from our authentic voices and everyday experiences. Carrie has presented this workshop in spiritual and secular settings throughout the United States. This class is presented in a safe and nurturing context.